

# Managing Online Abuse: Instagram

## Learning Goals:

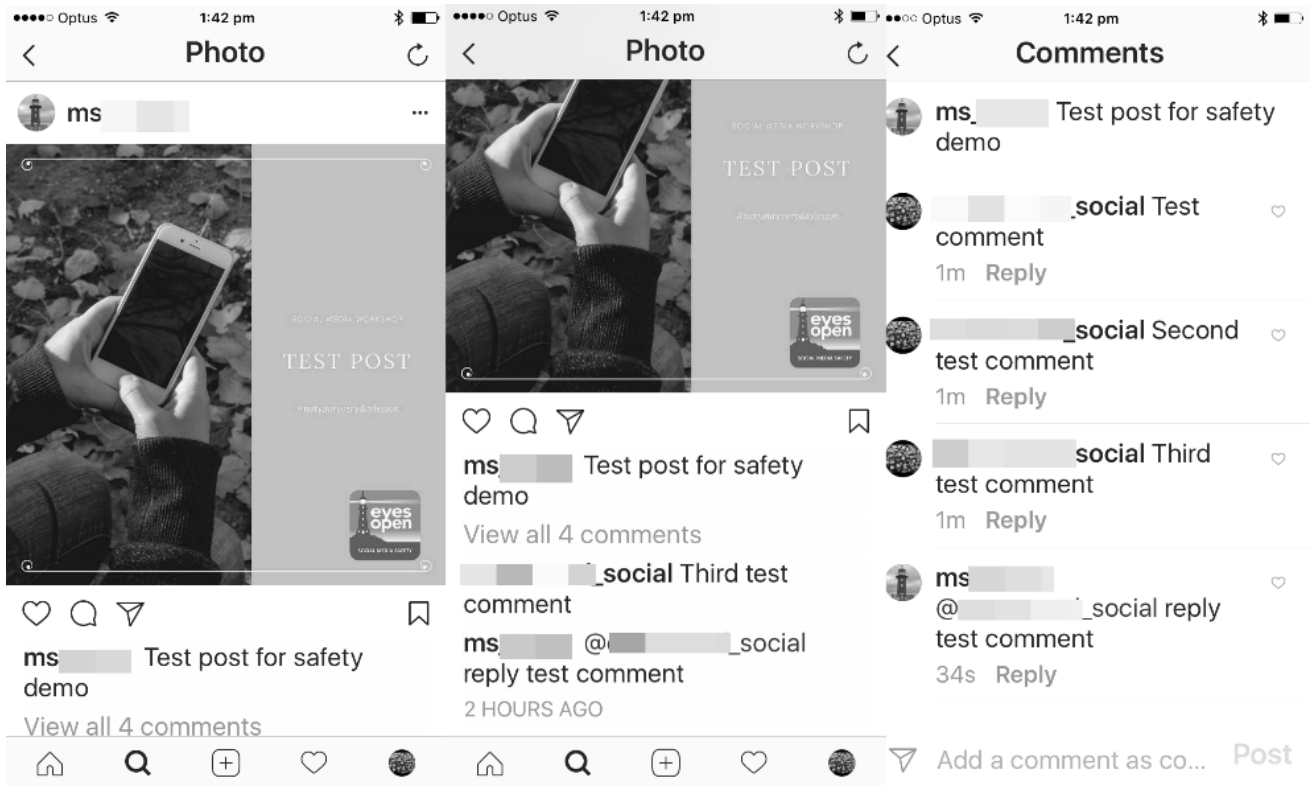
- Students will be able to describe and assess options for managing abuse on Instagram
- Students will be able to find the security settings and apply the steps to assist with de-escalating Instagram bullying
- Students will be able to identify ways to create a positive, private digital footprint

TASK 1	<p><b>Ask students to group with someone who is already a connection on their Instagram account</b></p> <ul style="list-style-type: none"> <li>- <b>Students who do not have Instagram</b>, or do not have a device available, should be added to a group who do have Instagram and devices available so that they can participate.</li> <li>- <b>If students are not connected to any students in the class</b>, they should connect for the purpose of this exercise, with strict instruction that they are not to deviate from the lesson structure, including:             <ul style="list-style-type: none"> <li>o No scanning through the other person's posts</li> <li>o No screen shots (other than the specified) task are to be taken</li> <li>o They both unfollow each other at the end of the lesson (they can reconnect after the class if they choose to, but it is to be on their own terms)</li> </ul> </li> <li>- Teacher to make sure <b>students who are not comfortable with each other, are not grouped together</b>.</li> <li>- For groups that have an extra student, teacher to instruct that:             <ul style="list-style-type: none"> <li>o In Task 3 the extra student takes it in turns with one device owner, to action the exercises; and</li> <li>o In Task 4 the extra student takes it in turns with the other device owner.</li> </ul> </li> </ul>
TASK 2	<p><b>Explain to the class that in today's lesson you are going to explore the concept of managing abuse or a bullying situation on Instagram.</b></p> <ol style="list-style-type: none"> <li>1. The students need to understand that to best learn how to apply the available options that can assist to de-escalate a bullying situation they should practice the options.</li> <li>2. To do this we will ask them to temporarily post an image and engage in conversation with their designated partner on Instagram and then practice the managing processes, that they could apply to online abuse in the future.</li> <li>3. Using the image supplied to students prior to this class, via email from Eyes Open Social Media Safety, ask students to:             <ol style="list-style-type: none"> <li>a. Create an Instagram post</li> <li>b. Tag their partner in the post</li> <li>c. Make sure they DO NOT "add location" or "share to other social media accounts"</li> <li>d. Post the photo.</li> </ol> </li> </ol> <p><b>Encourage students to stick to the guidelines in this exercise, to ensure that no inappropriate conduct is experienced.</b></p> <ol style="list-style-type: none"> <li>4. Once both students have posted the image, they should go to each other's post and:             <ol style="list-style-type: none"> <li>a. Add a comment "Test comment"</li> <li>b. Add a second comment "Second test comment"; and</li> <li>c. Add a third comment "Third test comment"</li> </ol> </li> <li>5. Once this is done, students need to come back to their own post and:             <ol style="list-style-type: none"> <li>a. Reply to one of the comments their partner added, with the comment "Reply to test comment"</li> </ol> </li> </ol> <p><b>See image over page for what student posts should look like.</b></p> <p><i>Remind students that our digital footprint can be followed, just like real footprints. Remind them of what they have learnt in the past two lessons and how they are learning to identify strategies that will enhance their privacy and help them be confident, competent digital citizens. Participating in this exercise responsibly is an opportunity to demonstrate what they have learnt.</i></p>

<b>TASK 3</b>	<p>Ask students to find the post that their partner has added for this task. Students will be completing these exercises on THEIR PARTNER'S POST.</p> <p><b>Using the “how to” subjects in “Managing Abuse On Another Person’s Post” ask students to complete each of the following tasks:</b></p> <ol style="list-style-type: none"> <li>1. Collect evidence – take a screen shot – practice screen recording</li> <li>2. You’ve been tagged! – Remove the tag they added in task 2 that connects you to their post</li> <li>3. Report the post – don’t actually report the post stop at the point where you choose what you don’t like about the post (this is a demonstration only)</li> <li>4. Report one of the other person’s comments</li> <li>5. Remove yourself from the conversation – delete one of your comments (only remove ONE of your comments so that we can complete the other tasks)</li> <li>6. Unfollow the person</li> <li>7. Remove them as a follower on your account</li> <li>8. Block someone – don’t do this task yet</li> <li>9. Remember you can always give the “victim” a call, or approach them face to face to see if they are ok.</li> </ol> <p><i>Note: The online tools for this task can be found in Lesson 5 in the EOSMS Secure Your Social Media Accounts course.</i></p>
<b>TASK 4</b>	<p>Ask students to find THEIR OWN POST that they added for this task. Students will be completing these exercises on THEIR OWN POST.</p> <p><b>Using the “how to” subjects in “Managing Abuse On Your Own Post” ask students to complete each of the following tasks:</b></p> <ol style="list-style-type: none"> <li>1. Collect evidence – take a screen shot</li> <li>2. Delete Another Person’s Comment from your post – just delete one comment.</li> <li>3. Report one of the other person’s comment – just report one (use the option “I don’t like it)</li> <li>4. Block Comments from Your Partner</li> <li>5. Turn comments off altogether</li> <li>6. Remove a Follower – remove your partner as a follower on your account</li> <li>7. Block someone – Block your partner</li> <li>8. Unblock Your Partner ...just in case you forget later</li> </ol> <p>Other cool options:</p> <ol style="list-style-type: none"> <li>1. Stop someone commenting on your stories</li> <li>2. Delete/archive your post</li> </ol> <p><i>Note: The online tools for this task can be found in Lesson 5 in the EOSMS Secure Your Social Media Accounts course.</i></p>
<b>TASK 5</b>	<p>Show the students the final subject of this lesson, found on the online course.</p> <p><b>Someone Has Hacked My Account and is Pretending To Be Me!!</b></p> <p>Read the note below to the class and if you have time, play the video for how to change their password.</p>
<b>TASK 6</b>	<p>Complete the lesson by explaining to the class that the suggested actions that they have practiced today are OPTIONS that they have if they are experiencing or witnessing online bullying or abuse.</p> <p>Note: The options don’t need to be done in the order we have given them. The student can make choices about which action best suits the situation they are trying to de-escalate.</p> <p>Remind them that engaging in the post can share the post further and this isn’t the desired outcome if the content is embarrassing or unkind.</p> <p><b>Remind students of their responsibility as online, digital citizens and how decisions they make and post now can impact upon them tomorrow.</b></p>

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WHAT POST SHOULD LOOK LIKE BEFORE STARTING THE MANAGING ABUSE EXERCISES.



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## STUDENT TASK SHEET

<b>Task 1</b>	<ul style="list-style-type: none"> <li>Choose a partner who you are connected with on Instagram</li> <li>If you are not connected to anyone from the class on Instagram, find someone who you feel comfortable “following” and being “followed” by on Instagram, with for this lesson.</li> <li>If you are not already following your partner – find and follow them on Instagram</li> <li>If you do not have Instagram, or you don't have a device available today, join a group that both have Instagram and devices today.</li> </ul>
<b>Task 2</b>	<ol style="list-style-type: none"> <li>Using the image supplied via email from Eyes Open Social Media Safety, ask students to:               <ol style="list-style-type: none"> <li>Create an Instagram post</li> <li>Tag your partner in the post</li> <li>Make sure you DO NOT “add location” or “share to other social media accounts”</li> <li>Post the photo.</li> </ol> </li> <li>Once both you and your partner have posted the image, go to YOUR PARTNER'S POST and:               <ol style="list-style-type: none"> <li>Add a comment “Test comment”</li> <li>Add a second comment “Second test comment”; and</li> <li>Add a third comment “Third test comment”</li> </ol> </li> <li>Once this is done, go to YOUR OWN POST and:               <ol style="list-style-type: none"> <li>Reply to one of the comments your partner added, with the comment “Reply to test comment”</li> </ol> </li> </ol>
<b>Task 3</b>	<p>As your teacher plays the “how to” videos for each task, complete these exercises YOUR PARTNER'S (demo) POST.</p> <ol style="list-style-type: none"> <li>Collect evidence – take a screen shot – practice screen recording</li> <li>You've been tagged! – Remove the tag they added in task 2 that connects you to their post</li> <li>Report the post – don't actually report the post stop at the point where you choose what you don't like about the post (this is a demonstration only)</li> <li>Report one of the other person's comments</li> <li>Remove yourself from the conversation – delete one of your comments (only remove ONE of your comments so that we can complete the other tasks)</li> <li>Unfollow your partner – don't actually do it!</li> <li>Report your partner – watch for where to stop!</li> <li>Have a look at the other options you have to assist with de-escalation. We won't practice these ones yet though. 😊</li> </ol>
<b>Task 4</b>	<p>As your teacher plays the “how to” videos for each task, complete these exercises on YOUR OWN (demo) POST.</p> <ol style="list-style-type: none"> <li>Collect evidence – take a screen shot</li> <li>Delete Another Person's Comment from your post – just delete one comment.</li> <li>Report one of the other person's comment – just report one (use the option “I don't like it)</li> <li>Block Comments from Your Partner</li> <li>Turn comments off altogether</li> <li>Remove a Follower – remove your partner as a follower on your account</li> <li>Block someone – Block your partner</li> <li>Unblock Your Partner ...just in case you forget later</li> </ol> <p>Other cool options:</p> <ol style="list-style-type: none"> <li>Stop someone commenting on your stories</li> <li>Delete/archive your post</li> <li>Turn off “activity status”</li> </ol>

Keep a copy of this worksheet to help you manage online situations in the future. 😊